

# Chester



# Events

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Volume 11 • Quarter 3 • 2012



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TECHNOLOGY WITH A HUMAN TOUCH

## First Selectman's Corner

**Road Paving.** This summer Chester's Public Works Department improved over 2.5 miles of roads, installing new drainage control and paving Cedar Lake Road North, Maple Street and Straits Road. During September new curbs will be backed filled and pavement markings completed. Thank you for a job well done.

**Denlar Drive – Middlesex Avenue Water Main.** The bulk of this 1,800 linear foot water main was completed in July. The extension includes three hydrants that will serve adjacent residential apartments and commercial properties. On July 12th the new 8 inch main was approved by the Connecticut Department of Health and has been activated for service. The main is owned by the Town of Chester and operated by the Connecticut Water Company. Abutting property owners who want to connect to the main should contact the Water Company for information.

**Town Hall Meeting Room Space and Park and Recreation Storage at Elementary School.** Thirteen firms responded to the request for proposals seeking architectural assistance to redesign the second floor of Town Hall to increase public meeting space and construct a small 600 square foot addition to the elementary school for the storage of Parks and Recreation equipment. This project will be funded by the insurance payment the Town received when the community

center collapsed from heavy snow in January 2011. The goal is to better utilize part of the second floor to create a larger public meeting room that will accommodate 50 to 60 people. The expanded Town Hall meeting space will reduce Meeting House use which is expensive to maintain and wearing on this historic building. These two projects will be designed this fall and be advertised for bids in December and construction in January 2013.



First Selectman Ed Meehan


**Chester E-Team Promotes Energy Savings at Chester Elementary School.** With the expertise and assistance of the Energy Team (E-Team) Chester has been designated by the Clean Energy Finance and Investment Authority (CEFIA) as a Clean Energy Community. This distinction has earned Chester the free installation of a 4 Kilowatt solar system. Working with CEFIA the E-Team evaluated three potential public building sites and recommended the panels be installed at the Chester Elementary School. In 2011, the school used 405,360

*continued on page 4*


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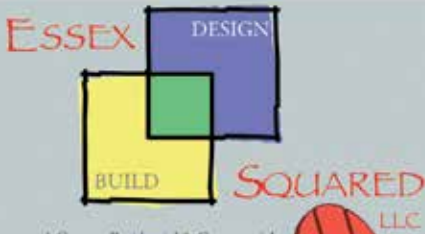


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# Events

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## Area Town Clerks to Host Seminar

The Town Clerks of Chester and Deep River will be hosting a Freedom of Information Seminar on Thursday, October 25th at 7 p.m. at the Chester Meeting House. The guest speaker will be Mr. Thomas Hennick, a Public Information Officer from the Freedom of Information Commission in Hartford. Come hear an overview of Freedom of Information Act requirements including:

- Types of meetings
- What "groups" fall under FOI regulations?
- Meeting notice requirements
- Filing of meeting minutes
- When to enter executive session; who can be included; what can be discussed; what action can be taken? How to identify executive session on the Agenda? What is the motion to go into Executive Session?
- Requests for public records

All Department Heads, Board and Commission Members and the Public are encouraged to attend this free workshop.

— Debra Germini Calamari, Chester Town Clerk

• *Selectman's Corner continued from page 1* •

kilowatts of electricity, costing \$65,995 – the most expensive of all Town accounts. In April 2012, an energy audit of the school estimated that by installing new lighting fixtures and retrofitting cooling equipment an estimated \$14,000 could be saved each year. At a meeting of the E-Team and Chester Board of Education on July 31st, the Board voted to implement the recommendations of the energy audit report and requested the E-Team to pursue funding to increase the size of the solar panels on the school. The CEFIA will match up to \$8,000 of local funding doubling the size of the solar system. In addition to the financial payback the Board of Education endorsed the positive educational benefits of providing a clean, renewable energy curriculum for elementary students.

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## Assessor's Office

All persons having taxable personal property such as unregistered motor vehicles, horses and ponies, farm equipment, or any furniture, fixtures and equipment used in the operation of a business, must do so by November 1, 2012. Declaration forms are available at the Assessor's office. They will also be mailed to all businesses and residents who have declared property in the past. As per CGS 12-41 declarants filing a late or incomplete form will incur a 25% penalty. Please be aware that if you have taxable personal property and do not declare it, state statutes allow the assessor to add it at an estimated amount plus a 25% penalty.

Applications for Farm and Forest (Public Act 490) will be accepted from September 1 until October 30, 2012. Forms are available in the Assessor's office.

Any person who acquired a new motor vehicle after October 1, 2011 will receive a supplemental motor vehicle bill for their new vehicle by January 2013. These bills will be prorated, based on the date of registration, for the twelve month period starting October 2011 and ending September 2012. Vehicle acquired in August and September do not receive supplemental bills.

New Veterans seeking exemption must record their honorable discharge papers (DD214) with the Town Clerk by October 1, 2012. Active duty military personnel who have served 90 days or more may also be eligible for an exemption and should contact the Assessor's office prior to October 1 for more details.

Please call the Assessor's office at 860-526-0013 ext. 512 if you have any questions.

## Chester Garden Club's 14th Annual Tea

The Chester Garden Club's 14th Annual Tea will be held on Saturday November 3, 2012 at 2:00 p.m. at the United Church of Chester, 29 West Main Street, Chester, CT. This year the tea program will be presented by "The Victorian Lady - Kandie Carle". Kandie will take us on a journey to the "The Early 1900's Edwardian Era" by using clothing and accessories as a tool.

The tea menu will include savory sandwiches, scones with clotted cream and jam, as well as an assortment of delectable desserts that will be served by members.

Proceeds from this event support the Garden Club's civic and education efforts in the local area. Tickets are \$23 and seating is limited to 100 guests. To make reservations, please send name, address, telephone number with ticket requests, payment and a stamped, self-addressed return envelope to the Chester Garden Club, P.O. Box 415, Chester, CT 06412.

For additional information, contact Chester Garden Club Co-President Brenda Johnson, 860-526-2998.

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Tracey Ohaus	513	
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<b>WPCA</b>	230	wpca@chesterct.org

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## Tax Collecting Responsibilities During the Fall

Looking forward to the fall, and cooler temps and beautiful fall colors, we will be continuing to collect the delinquent taxes and the taxes from people who have set up payment plans. To each of those, remember to continue to pay, because you cannot catch up, unless you are paying toward your bill. We are rooting for each of them that paying becomes easier and not harder for them. Our office will also be busy preparing WPCA usage bills and the assessment bills for those living or working along the sewer line. Usage bills will be going out mid September, and due anytime in October. Pay attention to

our hours of Tues & Thurs from 9-12 and 1-4 and Wednesdays just 9-12 noon. Payments can be mailed into the Tax Collector, PO Box 314, Chester, CT 06412-0314.

Our duties, during October, also include registering approximately 112 aircraft and mailing out the decals for those same aircraft based at Chester Airport. All information must match the FAA formal registration and requires us to cross reference a lot of info.

So, as you can see, we are always busy in the tax office, but still willing to speak with anyone with a tax question or their plan for paying off late bills. We are looking forward to continuing to help any taxpayer that we can. But, this coming January, we might have to do some TAX SALES on homes that have back taxes and are not catching up. Good luck to each who are trying to catch up and trying to avoid losing their properties. It is a process we do NOT want to have to pursue if at all possible. But, to be fair to the other tax payers in town, we cannot let taxes go unpaid, so a good working plan must be in effect with evidence that the bills can and will be paid in a reasonable amount of time.

Please enjoy the fall and stay well!

— Madaline Meyer, Tax Collector



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# Art Linares for State Senate



Art Linares is a self-made business man who co-founded a solar company that is still thriving in Connecticut today. A graduate from The John Sykes College of Business with a degree in Entrepreneurship, he decided to run for State Senate with the belief that Government can do more with less. Linares's grandparents fled communist Cuba to a refugee camp in Spain before coming to America in 1966. In 2011 Art worked for United States Senator Marco Rubio (R-FL) in his Washington DC office.

Linares has been endorsed by both the Republican and Independent parties. Art's platform is to repeal Governor Malloy's income and gas tax, as well as stopping wasteful spending like the 700 million dollar bus way from New Britain to Hartford. Art understands the fundamental principle that politicians do not create jobs, people create jobs.

Paid for by Art Linares for State Senate, Treasurer Lucille Silvestrini

[www.artlinares.com](http://www.artlinares.com) 860 391 8458



## Essex Printing Produces Award Winning Piece

### High Hopes SYMPHONY Invitations Achieve Gala & Design Success

Julia Balfour, LLC & High Hopes Therapeutic Riding, Inc. are pleased to announce that the invitations designed for the High Hopes 2012 Symphony Fundraiser have been honored with a Connecticut Art Directors Club Award. The invitations were designed by Julia Balfour, LLC, a full service creative agency. Both organizations are proud of the work that was created, and are thrilled that it was acknowledged by the professional design community.

The Julia Balfour, LLC team created the work through their pro-bono partnership with High Hopes Therapeutic Riding. Hand drawn illustrations and watercolors were utilized to create an invitation that spoke to the elegance of this biennial event. 2,500 invitations were wrapped and packaged by hand, speaking to the dedication of volunteers from both organizations. Essex Printing in Centerbrook, CT also generously donated their expertise and services in printing the invitations.

This years' Symphony fundraiser took place on June 9th, at the High Hopes Center in Old Lyme, CT. The event, which included a silent auction and a performance by the New England Orchestra, was a huge success. Ticket sales were up 10% from previous years. The evening raised over \$200,000 in donations. The funds will all be used to support the operations of the High Hopes programs, as well as their scholarship program.

The Connecticut Art Directors Club hosts an annual award show to honor exemplary design work from around the state. The High Hopes Symphony Invitations were showcased on June 15th, 2012, along with the other award recipients. The Julia Balfour, LLC team netted 16 total awards that evening.

Julia Balfour, LLC is located in Lyme, CT. As fellow horse lovers, they have been overjoyed to work with High Hopes; citing their incredible work with those who have cognitive, physical, and emotional disabilities as a constant source of inspiration.

To learn more about the High Hopes Therapeutic Riding Program, visit them online at: <http://www.highhopestr.org/>. Find more information about Julia Balfour, LLC online at: [www.juliabalfour.com](http://www.juliabalfour.com) or [www.facebook.com/juliabalfourllc](http://www.facebook.com/juliabalfourllc). Essex Printing can be reached at: <http://www.essexprinting.com/>.

## Santa's Coming to Town

Santa Comes to Town – Santa will arrive in Chester Center at 5:00 p.m. December 23 by fire truck to meet all the little children and get their latest request for Christmas.

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## *News from the Registrars of Voters*

The Registrars of Voters have finished the 2012 canvass. If you received a letter from our office and did not respond, your name has been put on the inactive list. If you wish to vote in the November presidential election, you will have to fill out a reinstatement form which is available at our office on Tuesdays between 1:00 pm and 3:00 pm, or at the polls prior to voting. If you are inactive for four years, your name will be removed from the voter list.

November 6, 2012, is a presidential election. The last day to register to vote in this election is October 30, 2012. One

of the most important rights we have as citizens of the United States is the right to vote. Please don't forget to register. You can register at any of the following places: Town Hall, any DMV office, or the Secretary of State's Office. You can call our office and we will mail an application to you or you can download the registration form and mail it to our office. If you have any questions or would like to check to see if you are registered please call us at 860.526.0013 extension 211 or stop by our office in town hall on Tuesdays between 1:00 pm and 3:00 pm.

## *A Note from Public Works*

### **FALLING LEAVES...**

The Town of Chester does not have leaf pickup. Therefore, the options are...

- mulching your leaves for compost,
- raking them to a corner of your yard,
- or hiring someone to take care of your leaves.

Do not rake your leaves into the roadway – this will only plug up the drains and the result will be water damage or flooding when it rains.

### It is not too early to think about **WINTER...**

- Please remember to move your vehicles off the streets during winter storms for efficient snow plowing.
- Please do not place your garbage receptacles into the street as the road crews will need to plow your street—keep receptacles at the inside end of your driveway otherwise the plow will have to go around and not be able to plow the snow completely from in front of your driveway.
- Sand and salt will be available at the Town Garage on Grote Road. Please, only one pail per household.

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Photo by Marji

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## Small Town Concert Series

"MUSIC & MORE with EVERYBODY KNOWS: LEONARD COHEN The Annual Tribute #6." A Tribute to the Legendary Septuagenarian Master of Poetry and Song on Sunday, October 21, 5 pm at the Congregation Beth Shalom Rodfe Zedek, 55 Kings Highway, Chester. \$20 Admission. Call 860-526-8920 for tickets and information.

Featured Artists to include: Lauren Agnelli, Meg Gister, Hillyn Natter, Rodney Maxwell, Brian and Rose Wolfe, Dana Takaki, Rachael Aikens and Matthew Male.

According to the Leonard Cohen authority, songwriter and vocalist Leonard Cohen is "...An acquired taste that appeals universally, and his life one of great art..." According to those in the know, since the 1960's, Cohen has created a moving and sophisticated body of work that has become better known and more popular by the year. Believing in the man and his music, the Small Town Concert Series has been celebrating this exceptional artist and his music since 2007 in an annual Chester event they optimistically call "Everybody Knows" – after one of Cohen's songs.

The show, "Everybody Knows," is the longest-running (and only) tribute to Leonard Cohen in New England. This year, The Small Town Concert Series (STCS) proudly presents their Sixth Leonard Cohen tribute as part of the CBSRZ's Music & More series on Sunday, October 21, at 5 PM in Chester. It's their first Leonard Cohen tribute at Chester's own Reform Synagogue, led by Rabbi Rachel Goldenberg. The STCS band, led by

Grammy-nominated Lauren Agnelli, the STCS Big House Band features Meg Gister on keyboards and vocals and Hillyn Natter, on drums and vocals. Violinist Dana Takaki and her vocalist daughter, Rachael Aikens, will be joining the band again; also by popular demand are repeat appearances by members of Amalgamated Muck (the core STCS house band).

Vocalist and Valley Regional H.S. student, Rachael Aikens, sings backup and lead on several songs – proof of Cohen's wide age range appeal. After five previous appearances in STCS shows, Rachael is sure to be one of the biggest hits of the night. Her elementary school music teacher, CBSRZ's own Meg Gister, is also joining in on the musical sublimity.

Matthew Male of STCS knows how dedicated Cohen's fans are: "They're always the easiest show to sell. Tickets have been sold to fans from as far away as California, with others sold to folks from RI, NY, MA and NJ." Advance Ticket sales recommended; buy 'em early and get ready for the best-yet tribute to the master songwriter who wrote "Hallelujah," "Suzanne," "Everybody Knows" and "I'm Your Man": Leonard Cohen.

For more information, call (860) 526-8920, visit [www.cbsrz.org](http://www.cbsrz.org) or email [malematthew@comcast.net](mailto:malematthew@comcast.net).

*"I love to hear my songs by anyone else but me. My critical faculties go into suspension. I don't wonder 'Do I like it?' - I LOVE IT!!!"* - Leonard Cohen (from the website <http://www.leonardcohenfiles.com>)



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in Chester

It's fall already! Over the summer I have noticed that many people were kind by putting out water bowls for pets being walked by their owners. However these bowls of water need to be brought in at night to keep our wildlife friends from drinking out of them and spreading disease.

I have received many calls this summer about snakes in the yard. In order to help keep snakes away, remove leaf piles close to your house or shed. These are great nesting places as mice live there and they are a primary food source for snakes. I have had calls about our raccoon friends as well – being seen during the day time does not necessarily mean that they are ill – sometimes this means that they have a litter or someone left the trash out. The raccoons are hungry, so don't let the trash get out of control – cover it or lock it up.

Now is a good time to check around the house and outbuildings for small holes where any small animal could get in and make it their winter home; they may be doing that now before waiting for the last minute. And as we get set for Fall and Winter, we are also reminded that while fall clean up can be fun, it can be dangerous to our pets. Pets are playful in the leaves, so be sure to check your pets and yourself for ticks. Kids will be trick or treating and playing outdoors in all kinds of weather, so be mindful of how your pets interact and have yourself some fun and safe holidays!

— Bob Jenkins

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## Robbie Collomore Concert Series Opens 39th Season

Chester may be a small town, but there's nothing small about the performers brought to the Chester Meeting House by the Robbie Collomore Concert Series. These are world-class musicians with well-established reputations. And for this 39th season of the Collomore Concert Series, the performers are a Grammy Award-winning string quartet, a 2011 inductee to the Blues Hall of Fame, a singer from "Prairie Home Companion," and a young baritone opera singer who has recently received recognition in competitions at Moscow's Bolshoi Opera and the Paris Opera.

The price of a ticket to see them at the Chester Meeting House, however, is small. A subscription to all four concerts of the 39th season is just \$63 (that's four concerts for the price of three). Individual concert tickets cost \$21. For students from elementary through graduate school, a subscription for the four concerts is just \$15. A student ticket for just one concert is \$5. All ticket-holders are invited to stay for a reception after the concert to meet the performers.



*John Hammond, a legend in the world of acoustic blues guitar, will play at the Chester Meeting House on Sunday, Nov. 18 at 5 p.m. His concert is one of four in the 39th season of the Robbie Collomore Concert Series. It is sponsored by Essex Savings Bank and Essex Financial Services. For more information, go to [www.collomoreconcerts.org](http://www.collomoreconcerts.org).*

All four Collomore concerts are held on Sunday evenings at 5 p.m. The first concert of the season will be on Oct. 7, with Timothy McDevitt, baritone, a Juilliard graduate who has won the Metropolitan Opera's New York District Competition, in addition to being a finalist in Moscow and Paris. He has recently appeared at Alice Tully Hall and Carnegie (Weill) Recital Hall. His Collomore concert is this year's Barbara and Edmund Delaney Young Artist Concert, and it is sponsored by Ryders Health Management.

John Hammond, a member of the Blues Hall of Fame, a Grammy Award winner and 7-times Grammy nominee, and a winner of 8 Blues Music Awards, will come to Chester on Nov. 18. Considered one of the world's premier blues artists, John Hammond has been likened by critics to Robert Johnson, combining powerful guitar and harmonica playing with expressive vocals.

The Parker String Quartet comes to Chester on April 14. All in their late twenties, the four musicians have been performing professionally for ten years and have consistently

*continued on page 13*

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## How to Lower Your Electric Bills

A major portion of your electric bill is the charge for "Supplier Services" which represents the amount charged for the generation and supply of electricity delivered to your home. In recent years, this supply function has become competitive so that residential and business customers can choose lower cost suppliers to reduce their bills.

CL&P's current standard rate for electric supply is 8.279 cts./kilowatt hour (kWh). Other electric suppliers offer a variety of generation rates to customers. Current offers begin at less than 7 cts./kWh which would represent annual savings of about \$90 for a customer using 600 kWh per month. To review current offers, go to the following website: CtEnergyInfo.com and click on "Choose an Electric Supplier". The website provides information about the offers and how to contact the suppliers.

Another way to reduce your costs for electricity and heating is to make your home or business more energy efficient. This same website provides information on CL&P programs for energy checkups by trained personnel, available financing and support for energy efficient appliances. The Home Energy Solutions program provides the services of a qualified energy expert who will inspect your residence, make improvements and provide a report on additional opportunities. The Small Business Advantage program provides similar services for commercial buildings.

Chester Energy Task Force  
info@chesterct.org 860-526-0013

• *Concert Series continued from page 12* •

won prestigious awards, including a Grammy Award for Best Chamber Music Performance and the esteemed Cleveland Quartet Award from Chamber Music America.

Finally, on May 12 - Nellie McKay, singer and songwriter, who has been described by one reviewer as "an amazing performer; quirky and brilliant, smart and adventurous" and by another as having "staggering musical talents." Not only has she performed on "Prairie Home Companion," she has also acted on Broadway and in a movie with Hilary Swank.

For more information about purchasing subscriptions or individual tickets, and for links to each of the performers' websites to hear samples of their music, go to www.collomoreconcerts.org. You may also call (860) 526-5162 for ticket information.

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***Hurricanes***

Hurricanes are severe tropical storms that form in the southern Atlantic Ocean, Caribbean Sea, Gulf of Mexico, and in the eastern Pacific Ocean. Scientists can now predict hurricanes, but people who live in coastal communities should plan what they will do if they are told to evacuate.

**Prepare for Hurricanes**

- Get a kit of emergency supplies and prepare a portable kit in case you have to evacuate.
- Familiarize yourself with the terms that are used to identify a hurricane.
  - A **hurricane watch** means a hurricane is possible in your area. Be prepared to evacuate. Monitor local radio and television news outlets or listen to NOAA Weather Radio for the latest developments.
  - A **hurricane warning** is when a hurricane is expected in your area. If local authorities advise you to evacuate, leave immediately.

**Prepare to Secure Your Property**

- Cover all of your home's windows with pre-cut ply wood or hurricane shutters to protect your windows from high winds.
- Plan to bring in all outdoor furniture, decorations, garbage cans and anything else that is not tied down.
- Keep all trees and shrubs well trimmed.
- If you have a car, fill the gas tank in case you have to evacuate.

**Plan to Evacuate**

- Plan how you will leave and where you will go if you are advised to evacuate.
- If you do not have a car, plan alternate means of evacuating.
- Plan places where your family will meet, both within and outside of your immediate neighborhood.
- Identify several places you could go in an emergency, a friend's home in another town, a motel or public shelter.
- If you have a car, keep a half tank of gas in it at all times in case you need to evacuate.
- Become familiar with alternate routes and other means of transportation out of your area.
- Take your emergency supply kit.

Ready.gov: <http://www.ready.gov/america/beinformed/hurricanes.html> 6/28/2007.

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# Basic Emergency Supply Kit

## Water

- One gallon of water per person per day, for drinking and sanitation.
- Children, nursing mothers, and sick people may need more water.
- If you live in a warm weather climate more water may be necessary.
- Store water tightly in clean plastic containers such as soft drink bottles.
- Keep at least a three-day supply of water per person.

## Food

- Store at least a three-day supply of non-perishable food.
- Select foods that require no refrigeration, preparation or cooking and little or no water.
- Pack a manual can opener and eating utensils.
- Avoid salty foods, as they will make you thirsty.
- Choose foods your family will eat.
- Ready-to-eat canned meats, fruits and vegetables
- Protein or fruit bars
- Dry cereal or granola
- Peanut butter
- Dried fruit
- Nuts
- Crackers
- Canned juices
- Non-perishable pasteurized milk
- High energy foods
- Vitamins
- Food for infants
- Comfort/stress foods

## Miscellaneous Items

- Pet food and extra water for your pet
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food
- Local maps

## Additional Items to Consider Adding to an Emergency Supply Kit:

- Prescription medications and glasses
- Infant formula and diapers
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov)
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a coldweather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes.
- Consider additional clothing if you live in a cold-weather climate.
- Household chlorine bleach and medicine dropper – When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children



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# Chester Fife and Drum Corps 1868



Welcome! The Chester Fife and Drum Corps has enjoyed a great summer. We have added new members and welcomed back some old members. We currently field, at full corps strength, 6 bass drums, 7 snares, and 7 fifes and up to 7 in the Color guard along with 1 Major and 2 Wenches. We are currently attempting to upgrade our uniforms and are re-adding leggings to the uniform and dressing up the maroon vest that we currently use. We are hoping to be able to get new vests patterned after the old Chester uniform, and we will be fundraising for this soon. Any fundraising ideas are welcome, so if you have ideas give us a call.



*The Chester Fife and Drum Corps.*

We have had a very busy summer, with shows all over the state to include: Deep River Muster, Milford Muster and the Westbrook Muster, along with parades in Moosup for the VJ Day Parade, Essex Sailing Masters Commemoration, Chester Memorial parade with Cheshire Memorial parade, 4th of July parade in Columbia, St. Patrick's Day parade in New Haven. We have provided concerts at the Canoe Club in Middletown for July 4th fireworks, the Chesterfield Health Care Center, Tuesday night concert series at the Company of Fifers and Drummers, and at Aaron Manor in Chester. We also participated in the Chester Hose Company 100th Anniversary parade.

By the way, great job Chester Hose Company. Congratulations. We also participated in the Middletown Elks Flag Day flag burning ceremony.

We still have much to look forward to as the year draws to a close. We will be at the following events: Moodus Muster on Oct 20; and finally, at the Old Saybrook Christmas Torchlight Parade held in December.

The Chester Drum Corps is seeking donations of any old articles, pictures (past and present) of the Corps. Some can be

*continued on page 17*

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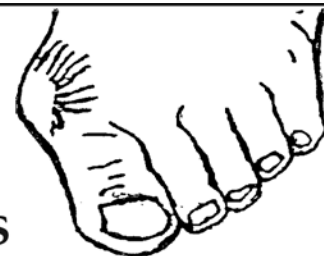


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## Apple Pie Night

Chester Hose Company Auxiliary – Annual Apple Pie night is slated for Thursday, October 18th from 6 – 8 p.m. at the Fire House. Come in and enjoy homemade apple pie, ice cream and good company – a raffle will also be held! Proceeds to benefit Chester Hose Company.

• *Fife and Drum Corps continued from page 16* •

donated to the Company of Fifers and Drummers Museum, which houses memorabilia of all Fife and Drum Corps past and present, and/or some can be donated to the Chester Historical Society. You can contact Frenchy Cordeau or Roberta Armstead to schedule a meeting and/or pick up if necessary.

Now, time for a bit of history. Our corps was founded in 1868 and we will be celebrating our 145th Anniversary and we are proud of the tradition that has held for all those years. We still maintain the same style of drumming and fifing. In the old days, drum corps competed against each other all over New England to include whole corps and individuals. Chester won many awards. This yearly event slowly diminished due to corps disappearing and the appearance of the IPOD, IPAD, IPHONE and I can't. Recently, some Chester members wanted to get back into competing, so to bring back some old traditions, and to add to today's changes, the corps agreed to start competing again and what a surprise we got. Two of our drummers competed in the CT State Championships held earlier last month in Wethersfield CT and we did pretty well. Haley Armstead placed first in junior women's snare drumming and Megan Cordeau placed first in bass drumming. Congratulations to our junior women's CT State Champions. They will later compete in the Northeastern Championships and we are looking to get into the Hudson Valley competition series.

As always, if you are interested in becoming part of history and are interested in joining our corps, please feel free to call me at 860-691-1735 or call our corps President at 860-526-2178. You don't need to know how to play the fife or the drum; we provide weekly lessons. If you aren't interested in playing an instrument; we are always looking for Color Guard members, and if marching doesn't interest you, but you are looking for something to do, you can join us and help with fundraising, uniform repairs, or you can start an Auxiliary to help support us.

Just as a reminder, we are neither a Junior nor Senior Corps. Ages of our members range from 8 to 88. We are a family-oriented organization and intend on remaining so.

Better yet, come on down and see what we are about. We practice from 6:30 till 8:00 p.m. at the Company of Fifers and Drummers in Ivoryton CT. Hope to see you at a muster or at a parade.

– Frenchy Cordeau, Business Manager and Drum Major

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## Chester Library

### Library Building Expansion Update

The Chester Library Building Expansion Committee has approved a feasibility study report recommending an expansion and renovation of the present library to meet the goals established by the Library Trustees.

The Committee was created by the Library Trustees and the Board of Selectmen in the spring of 2011, hired an architect to assist with the feasibility study in the fall of 2011 and began to develop the plan early in 2012.

The plan recommended by the Committee includes the following features

- It would approximately double the present square footage of the Library. To accomplish this would require extending the building about 10ft. to the west and about 30 ft. to the east with two floors. It will all be located on the present library site. The additional square footage is required to maintain approximately the same collection in a manner that complies with ADA requirements.
- It would comply with the requirements for handicapped access with an accessible entrance on the west end of the building. An elevator will be included and bathrooms will meet ADA requirements.
- It would include a meeting room with a capacity of about 30+ people on the first floor along with a new children's room about double the present children's room area.
- It would utilize the old circulation desk, relocated to its original location, with a small staff work room adjacent. There will be a small reading area around the fireplace. It would include a small Director's office on the main floor.
- The lower floor will have a ground level emergency exit on the east end, adult and young adult stacks and reading areas, a small staff room/ storage area and an enlarged mechanical room.

The Library Trustees will meet in September to hear the report of the committee and determine how to proceed with the proposal.

**Mark Johnston Book Discussion Series presents "Amazing Lives."** Martha Bansavage, an educator who has taught Contemporary Literature, will be leading the library's discussion series, "Amazing Lives – authors and artists who have 'taken the road least traveled by and that has made all the difference.'"

Bansavage has selected four notable nonfictional books for discussion. She says, "All four have strong similarities. Due to individual situations/circumstances (absent father, teen pregnancy, alcoholism, abuse, terrors of World War II), each author sets out to meet life's challenges with brave, interesting, creative, and inspirational goals. Whether it be the author, artist, performing artist, journalist, or Olympic hopeful, each life journey creates a literary voice that is distinctive, clear, and memorable. These individuals make bold and personal choices to meet the road not taken and 'that has made all the difference.'"

The discussions will be held at the Chester Library on Wednesday evenings from 7:30 to 9 p.m.

Rick Braggs' "All Over But the Shoutin'" is the Oct. 3 book. It won recognition as a New York Times Notable Book of the Year. The final book, to be discussed Oct. 17, is "Unbroken," a bestseller by Laura Hillenbrand.

Books are available for loan at the library. Register for any of the sessions by calling the library at 860-526-0018 or online at [www.chesterct.org/library.php](http://www.chesterct.org/library.php).

**Monday Stories and Crafts.** Preschoolers age three and up are invited to join the Monday morning fun at Chester Library. Story time takes place at 10:30 am and includes a creative experience in addition to the read-aloud story. Judy Potter presents It's Theatretime! One week each month and other surprise visitors sometimes drop in. No need to pre-register—just join us. Story time is held each Monday that school is in session.

*continued on page 19*



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• *Chester Library continued from page 18* •

**Express Yourself in Gingerbread.** Guest gingerbread artist Michelle Ouellette invites children to express their holiday spirits at a gingerbread decorating workshop planned for the first week of December. Please check with the library for additional information, including date and time, and to register for this program.

**Food for Fines.** During July, Chester Library users had the option of paying off accrued overdue fees with food donations destined for the Chester Food Pantry. Also during the month, Betsy Hubbard presented a hometown concert of original music inspired by her favorite authors and books. In lieu of admission fees, audience members were invited to make donations to the food pantry. At the end of the month, 301 new food items were ready for the pantry shelves and \$95 worth of Adams gift cards were purchased for the pantry.

**Downloadable Books.** Chester library users have options for obtaining downloadables, both audio and ebooks. First, there is iCONN which provides access to a collection of more than 2300 audiobooks that is available to every library user in Connecticut. Understandably, there is lots of demand for these titles, so be prepared to place a hold on the ones you want. You'll receive an email when the title is available, at which point you will have a limited number of days to download it. Visit <http://iconnct.oneclickdigital.com> to see what is available through iCONN. Look for "Getting Started" on the right-hand side of the page.

Overdrive is our resource for both downloadable audio books and eBooks. Overdrive downloadables are available to Chester Library users through the library's membership in Library Connection, a consortium which offers a collection of about 2300 audio books and 950 eBooks to its Connecticut members. Visit the Library Connection/Overdrive website at <http://library-connection.lib.overdrive.com>. First time users may want to take a look at *Digital Media Help* and *Supported Portable Devices* in the 'Getting Started' box on the left side of the page. Most new purchases are eBooks, so that collection is growing quickly but there is almost always a wait for high demand titles, especially for Kindle users. Chester also participates in Overdrive's Advantage program and is developing a collection of popular eBooks that is available only to Chester Library users. Be sure to log in first to take full advantage of all that Chester offers.

For both resources you will need your Chester Library barcode number for log-in purposes. On the Library Connection/Overdrive website, use the barcode for both your library card number and PIN. Call or drop by the library with questions you have about these resources...and happy downloading!

**Library Hours.** Monday 10-8; Tuesday 2-6; Wednesday 10-6; Thursday 2-8; Friday 10-6; Saturday 10-2; Sunday Closed. Access your library account 24/7 at <http://chst-verso.auto-graphics.com>. Log in to your account using the 14-digit barcode number on your library card and your password. When logging in for the first time, use the password "user-pass" (without quotation marks). From this website you are able to renew items you have checked out, search the catalog, place reserves on items you'd like to have, request interlibrary loans and more. It's worth a look. For more general information about the library, its programs and services, visit [http://chesterct.org?page\\_id=286](http://chesterct.org?page_id=286).

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## Estuary Council

**ESTUARY COUNCIL OF SENIORS, INC.** has been serving seniors in the nine-town Estuary region for 35 years. Call us to receive our *Gazette Newsletter* or go to [www.ecsenior.org](http://www.ecsenior.org) for our online newsletter, events calendar, menu, and more.

**CAFÉ MEAL SITES** - Old Saybrook, Old Lyme, Chester, Clinton, and Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance.

**MEALS ON WHEELS** – hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

**STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION** For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35.

**CLASSES AND ACTIVITIES:** Board Games, Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot, and more! Check the Gazette for all of our programs.

**ESTUARY THRIFT SHOP:** Hours are from 10 a.m. – 4 p.m. Mon. – Fri. and 9 a.m. – 1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

**HOLIDAY CRAFT FAIR - SATURDAY, NOVEMBER 17.** Local crafters will display an array of hand crafted afghans, quilts, handbags, scarves, jewelry, photo cards and much more. We will also have a wonderful "Bake Shop" filled with homemade desserts and candy.

**DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL.** Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

**YOU'VE GOT MAIL!** - Be the first to know what is happening by getting our newsletter emailed to you. Visit our website at [www.ecsenior.org](http://www.ecsenior.org) and click on the Newsletter icon to follow the link and sign up! Please let us know to remove you from the mailing list once you've decided to go paperless.

**VOLUNTEER OPPORTUNITIES:** Call Judy at 860-388-1611.

Deadline for the next issue of  
**CHESTER EVENTS**  
is November 27, 2012.



**9 TOWN TRANSIT**

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## Parks and Recreation

There is no school Friday, October 19th. Join the Park & Rec Staff for a Camp Day at School - Call 526-0013 extension 223 OR e-mail parkrec@chesterct.org by September 24 if you are interested. The program will meet at Chester Elementary School, 8:00 am until 3:30 pm. Activities will include sports, crafts, games, and science and nature, indoors and/or outdoors as the weather permits. Our theme for the day will be OLYMPICMANIA!

Submit registration with a \$25 fee (checks made payable to Chester Parks and Recreation) to the Chester Elementary School Office, the Parks and Recreation mailbox at the Town Hall, or mail. Please bring your lunch and wear sneakers!

### American Red Cross CPR/AED and First Aid Classes.

American Red Cross CPR/AED for the Professional Rescuer and Health Care Provider recertification class will be offered to the general public for \$35 (please add \$12 if you need a CPR mask) and free of charge to Chester Parks and Recreation staff and volunteers. The class will meet on September 26, from 10:00 am until 3:00 pm, at the Chester Town Hall.

American Red Cross First Aid will be offered at the Chester Town Hall on Tuesday, November 13, 6:15-9:15 pm. CPR/AED for Adults, Children, and Infants for the community will meet Tuesday, November 13, 6:15-7:45 pm AND Tuesday, November 27, 6:15-8:15 pm. The fee is \$35 for one class, \$45 for both classes. These classes are offered free to Chester Parks and Recreation Staff and Volunteers.

### Youth Basketball Coaches and Referees Needed.

Adults interested in volunteering to coach youth basketball are requested to contact the Director at 526-0013 extension 223 or e-mail parkrec@chesterct.org by October 23. Referees must be at least 14 years of age and may be compensated at a rate of \$12 per game. All coaching and referee candidates must meet reference and background check requirements, attend an orientation on Tuesday, October 30 from 6:15 to 7:15 pm at the Town Hall, and complete first aid training within one year of beginning to coach or referee. First aid classes are offered free of charge.

The YOUTH BASKETBALL program meets at the Chester Elementary School multipurpose room, December 3 through March 16, for Chester residents in grades 1 through 6. Confirmation of all scheduled times will be based on enrollment. The schedule will be available as coaches volunteer.

The children will be divided into equal skill level groups in grades 3 through 6, when more than one clinic is available for a particular grade. Unless notified otherwise, please have your child attend the first, grade appropriate scheduled clinic, beginning December 3.

A \$20 registration fee is required for participants in grades 1 and 2 and \$40 for grades 3 through 6. Please add \$15 if your child would like a shirt. Only 3rd through 6th graders must have a shirt. Shirts from previous years may be used. Return registration, with the fee payable to "Chester Park & Rec" to Chester Elementary School, the Parks and Recreation mailbox in the Town Hall or mail to: Town of Chester, Parks and Recreation, 203 Middlesex Avenue, Chester, CT 06412.

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There are a lot of things to know to make your real estate investment a good one. Let us help you find out *if* it's right for you and then find you the right property for your investment.

**Brian Jermaine**, ASBR, ASBR, CRS, APRD, GRI, SRES, SRS  
 Brian@TeamJermaine.com

**Leslie Jermaine**, APRD **860-662-0230**  
 Leslie@TeamJermaine.com

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## www.TeamJermaine.com

## Energy Assistance

As the weather turns colder, statewide energy assistance programs that help residents with heating bills and conserving energy will begin. Programs are available from early September through March 31. Connecticut Energy Assistance Program (CEAP) helps income eligible households pay their heating bills. State Appropriated Fuel Assistance (SAFA) helps the elderly and disabled individuals with their heating bills. If you received assistance last winter, you must reapply each year to receive additional assistance. Deliverable fuel applicants,

(oil, propane, kerosene, coal, wood) are urged to apply early, as deliveries will begin November 1st. To make an appointment to fill out an application, please contact Rosie Binger at 526-0013 x213, Monday, Wednesday, Thursday mornings or leave a message with your name, phone number, and best time to reach you.

**OPERATION FUEL.** Operation Fuel is a statewide private, nonprofit organization that provides emergency energy assistance to low income and moderate income, elderly, and disabled households, which are either ineligible for government energy assistance or have exhausted their benefits. Eligibility is determined by Chester Social Services and is based upon review of a client's completed application and satisfactory documentation of household's income, liquid assets, and crisis situation. For the 2012-2013 program year, household income for a 12-month period must fall between 200% of the federal poverty guidelines and 100% of the state median household income.

The Operation Fuel season begins December 1, 2012 and runs through May 31, 2013 or when funding runs out. Contact Human Services (526-0013 X213) to see if you qualify.

— Rosie Binger, Human Services Director

### Help Wanted

*Events Magazines* is seeking a part-time sales representative; full commission, flexible hours and friendly working conditions.

Please fax your resume to *Events Magazines* 860-767-0259 or email [sxprinting@yahoo.com](mailto:sxprinting@yahoo.com).

## Chester Village West Welcomes a New Executive Director

The residents and staff of Chester Village West, senior living community, welcome Robert Taylor Executive Director. Bob is an executive with Life Care owner and manager of Chester Village West. His assignment was as an administrator at Blakehurst, Care Services community in Baltimore, MD. Before Life Care Services, Bob had extensive experience and owner of a variety of apparel companies in the and Europe.

Bob's transition to Chester Village West brings and energy to the community. He looks forward to more involved with Chester and the surrounding towns. He is firmly committed to helping seniors and particularly, their families learn more about healthy and independent lifestyle opportunities. One of his goals is to provide information and counseling to families and for Chester Village West to become the source for that information.

Bob is originally from the northeast and is pleased to be back home with his family in Connecticut. Bob enjoys travelling and has been on every continent and in 27 countries. His other hobby interests include, tennis, reading, and spending time with his family.

Please feel free to contact Bob at 860-526-6800 if you would like a personal tour or receive information about Chester Village West. Chester Village West is located at 317 West Main Street in Chester, CT.



Robert Taylor

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## Fire Chief's Corner

### Updates from Chester Hose Company:

Fall is quickly approaching. As leaves and acorns begin to fall, we urge you to exercise caution on the roadways. Before you light the fireplace or woodstove, please be sure to have your chimney cleaned and checked for cracks.

Watch our board and please join us at these upcoming events:

- Apple Pie Night – October 18
- Wreath Sale – December 1 and 2
- Santa Comes To Town – December 23

During the period of July 1, 2011 to June 30, 2012 the department responded to a total of 650 calls:

#### Fires: 25

Includes: Chimney Fires, Outside Fires  
Building Fires, Vehicle Fires,  
Forest Fires, Equipment Fires,  
Grass Fires

#### Explosion of Overheat (No Fire): 1

#### Rescue & Medical Incident: 537

Includes: EMS Calls, Searches on Land & in Water  
MVA's with & without injuries,  
Watercraft Rescues

#### Hazardous Condition (No Fire): 15

Includes: CO Incident, Power Line Down

#### Service Call: 12

Includes: Person in Distress, Smoke or Odor  
Removal, Public Service Assistance,  
Assist Police or Government Agency,  
Cover Assignment

#### Good Intent Call: 9

#### False Alarm & False Call: 49

#### Severe Weather or Natural Disaster: 2

We are pleased to announce the results of our annual election of officers. The following were elected for a one year term:

Chief	Charles F. Greeney, Jr.
Deputy Chief	James Grzybowski
Assistant Chief	Alan Alonzo
Battalion Chief	James Schaefer
Captain	John Ahearn
First Lieutenant	John Brainard
Second Lieutenant	Michael Ahearn
Medical Coordinator	Kim Tiezzi
President	Charles Tower
Stewart	David Dengler
Quarter Master	Julie Anne Divis
Trustee	Peter Tiezzi (3 years)

Congratulations to all our officers! For 100 years, we continue to stand by; proud and committed with highly trained personnel willing to help you in your time of need.

— Chief Charles F. Greeney, Jr.

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## The Middlesex Hospital Total Lung Care Center

### Complete, Local, Convenient Care

According to the national Centers for Disease Control (CDC), more than 350,000 people alive today in the United States have been diagnosed with lung cancer at some point. Although lung cancer is a very serious type of cancer, if it is detected in its earliest stages and appropriate and coordinated treatment is provided, a cure is possible.

If you ask Gean Brown why this is the case, she will probably say it's because of improved screening, increased surveillance and follow-through treatment for lung cancer patients. Brown is the Lung Nurse Navigator at the Middlesex Hospital Cancer Center and was instrumental in developing the Total Lung Care Center at Middlesex Hospital, a "virtual" center that provides everything a lung cancer patient needs.

When Gean first arrived at the Cancer Center in 2009, she realized that, although Middlesex Hospital had all the elements for comprehensive treatment of lung cancer in place, there wasn't a coordinated system to help patients "navigate" the steps from diagnosis, through treatment and on to potential recovery. Since that time, Gean and a number of physicians in various Hospital departments have worked hard to change that.

The first step in developing the Center, according to Brown, was to begin a quality assurance (QA) program to ensure that any abnormal lung testing done through the Radiology Department would automatically be sent to her. From there, Brown takes the results and makes sure to always inform the patient's primary care physician if the finding looks serious and then recommends a consultation with a pulmonary physician or thoracic surgeon to review the findings further. The clinicians then refer to what is called the "Fleishner Society" guidelines to assess the lung nodules. The Fleishner Society



*The endobronchial ultrasound (EBUS).*

comprises a group of thoracic surgeons who developed standard guidelines to follow for appropriate actions to take based on the differences in lung tumors, i.e., size, whether or not the person is a smoker, has a history of lung disease, etc.

A total of 500 patients came through that initial QA program, which made it clear that the Hospital needed to enhance its array of services and treatments for patients with abnormal lung findings. As a result, the Hospital recruited two thoracic surgeons, John Federico, M.D. and Mario Katigbak, M.D. who now work in concert with other Middlesex Hospital surgeons to treat lung abnormalities. In addition, a special "endobronchial ultrasound" (EBUS) system will soon be in use. Pulmonologists utilize the EBUS system to perform a procedure that uses sound waves to detect cancerous tumors

in the lungs. Last, but not least, the Hospital's new da Vinci<sup>®</sup> Si robot provides an additional high-tech tool for specific types of lung surgeries as well.

Most recently, Middlesex Hospital has begun to offer CT screenings for lung cancer. Studies have shown that these low-dose CT scans have the potential to catch lung cancer in its early stages, which means that it is more likely to be cured.

Low-dose CT scans can detect lung cancer in its early stages (Stage 1 or 2). They are recommended for people at high risk for lung cancer (those who have smoked at least one pack a day for 20 years or more AND have a history of lung cancer or are between the ages of 50 and 74 years old). The test takes only ten minutes and there is no preparation needed beforehand. The cost is \$250 and is not covered by insurance. A physician order is required for the scan. If you do not have a physician, Brown can assist you in getting a referral. She can be reached at (860) 358-2066.

As mentioned before, the Total Lung Care Center is a virtual one, but one that is very comprehensive. It includes radiologists, oncologists, pulmonologists, surgeons, radiation oncologists and Brown, the Lung Nurse Navigator. She explains that although "not all the doctors are involved at every stage, everyone is at the ready to do their part. In fact, different doctors may consult on a patient, but the patient may never see them. But even if the patient does not see every member of the team, he or she can feel confident that the entire team is working for their benefit at all times."

*Patients who do not currently have a physician can call 1-855-MHDOCS1 (1-855-643-6271) and one can be recommended. Middlesex Hospital also offers a smoking cessation program that provides information and counseling to motivate smokers to quit tobacco use. Call (860) 358-3003 for more information.*

### Chester Town Hall

**203 Middlesex Ave., Chester, CT 06412**

**Ph: 860-526-0013 • Fx: 860-526-0004**

#### Town Hall Hours

**Monday, Wednesday, Thursday:**

**9:00 AM - 12:00 PM, 1:00 PM - 4:00 PM**

**Tuesday: 9:00 AM - 12:00 PM, 1:00 PM - 7:00 PM**

**Friday: 9:00 AM - 12:00 PM**

**[www.chesterct.org](http://www.chesterct.org)**

# CHESTER NEWCOMERS' GUIDE

## Welcome to Chester!

On behalf of *Events Magazines*, welcome to Chester. Whether you are new to Connecticut or just new to Chester you will find wonderful people and places to visit in town. From the Winter Carnival to the Chester Fair, Chester has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and "Buy Local" – we do!

### BUSINESS & PROFESSIONAL SERVICES

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 CHESTER DEMOCRATIC TOWN  
 COMMITTEE . . . . . WWW.CHESTERCTDEMS.COM  
 CHESTER GARDEN CLUB . . . . . (860) 526-2998  
 CHESTER HISTORICAL SOCIETY . . . . . (860) 526-5781  
 CHESTER MERCHANTS ASSOCIATION  
 . . . . . WWW.VISIT-CHESTER.COM  
 LIONS CLUB . . . . . DEEPRIVERCHESTERCT.LIONWAP.ORG  
 DEEP RIVER AND CHESTER VFW . . . . . (860) 526-3521  
 TRI TOWN YOUTH SERVICES BUREAU . . . . . (860) 526-3600  
 CHESTER MEETING HOUSE . . . . . (860) 526-0013

#### LIBRARY

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#### POST OFFICES

CHESTER POST OFFICE . . . . . (860) 526-2780

#### SCHOOLS

SUPERINTENDENT OF SCHOOLS  
 DISTRICT 4 . . . . . (860) 526-2417  
 CHESTER ELEMENTARY SCHOOL . . . . . (860) 526-5797  
 JOHN WINTHROP MIDDLE SCHOOL . . . . . (860) 526-9546  
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 . . . . . www.middlesexhospital.org/jointreplacement

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#### WEALTH MANAGEMENT

CANOVA WEALTH MANAGEMENT . . . . . (860) 526-5000

Want to be listed on the Newcomers' page?

Call Betty Martelle at 860-333-7117

## *The Meeting House Players Present...*

The Meeting House Players are excited to announce the performance dates for their upcoming production of Wendy Wasserstein's touching, romantic comedy "The Sisters Rosensweig". The production will be held at the Meeting House located at 4 Liberty Street in Chester, CT on November 2, 3, 9, 10, 16 & 17. The curtain will rise each evening at 8 pm.

Twice-divorced Sara Goode is an extremely successful but unfulfilled American business woman living quietly in London with her daughter Tess. Sara's sisters, Gorgeous Teitelbaum, a suburban housewife from Newton MA who, as "Dr. Gorgeous", hosts her own call-in radio advice show and Pfeni Rosenweig, a nomadic, unmarried, third world travel writer are both expected to arrive at her home at any moment. The three Brooklyn-born sisters are reuniting briefly for Sara's 54th birthday party. Joining in the evening's birthday celebration are Pfeni's bisexual lover, Tess's working class, politically active boyfriend and Sara's date, a smug, British politician. Also attending the party is a new acquaintance, a widowed New York furrier who is immediately smitten with Sara but

who Sara immediately finds annoying. It all adds up to an interesting evening that leads to unexpected romance, suspected partings, personal revelations, reconciliations, and above all newfound love and understanding.

The production will be directed by Chester resident Debbie Alldredge. The acting ensemble boasts a cast of exceptionally talented, local thespians.

Tickets will go on sale October 15. Ticket prices are \$15 for limited reserved seating and \$10 for open seating. Reservations for both limited reserved and open seating as well as additional information can be obtained by calling 860-526-3684.

The Meeting House Players is a local not-for-profit community theatre organization. We pursue the theatre arts with the talents and the interests of people throughout Connecticut. We invite area residents with an interest in theatre to join us and we encourage those who want to act to audition for us.

— Debbie Alldredge

## *2012 Hammonasset Jamboree*

The Hammonasset Jamboree featuring music, live creature shows and Native American skills, will take place on October 6th and 7th at Hammonasset Beach State Park at the Meigs Point meadow. This free event, coupled with free entrance to the Park, honors the life of Naturalist, Robert Schumann and is presented by the Friends of Hammonasset. This event is sponsored by Liberty Bank and The Madison Foundation.

8 am bird walks starting from Meigs Point Nature Center will be led by John Picard on Saturday, October 6th and by Jerry Connolly on Sunday, October 7th. Both days at 10:30 am, a Native American blessing and smudging ceremony led by Allan Saunders(Mohegan) takes place at the Boulder Monument near Pavilion 4. The New England Atlatl Championships occurs 10-4 pm on Sat and 10-1 pm Sunday. The public is invited to participate. Dr. Nick Bellantoni, our State Archaeologist, will conduct a demonstration dig on Saturday and there will be associated exhibits by the Connecticut Museum of Natural History, the Friends of the Office of State Archaeology and flintknappers demonstrating primitive tool making.

Both days live creature presentations begin at the Discovery Tent by Russ Miller, Director of the Meigs Point Nature at 11 am, followed by Connecticut's Beardsley Zoo at Noon and raptors by A Place Called Hope at 2 pm. The Field House Farm will exhibit a variety of farm animals.

Live concerts initiate at 1 pm Saturday starting with Pete Onfrio and Super Trance. This lively group presents appealing rhythmic sounds—a fusion of jazz, blues and rock. At 3 pm, both days, Gene Morrison from Jamaica, Vermont, and his blue grass band perform at the concert area. A brief tribute to our military will precede each performance. Sunday at 1 pm



*Gary Nolf, one of the founders and first President of FOSA (friends of state office of archaeology), President-elect of the World Atlatl Association, and a Friend of Hammonasset member (FOH), explains the atlatl, an ancient toll and weapon used by native americans. The public is invited to join in a hands-on demonstration and throwing of the atlatl.*

Amalgamated Muck, a popular shoreline group, performs a benefit concert for A Place Called Hope.

Numerous additional non-profit and environmental educational exhibitors including Trout Unlimited, Shoreline Greenway Trail, Habitat for Humanity, A Call to Care, Look for the Good Project, Hope Water Foundation and the Unites States Coast Guard Auxillary will participate. Food vendors will be available. Folks are encouraged to bring blankets and chairs for the concerts. No pets are permitted. Parking is free. This is a rain or shine event although severe weather may result in cancellation. The Friends of Hammonasset website, hammonasset.org, should be consulted for up to date news. For additional inquiries call 203 245 9192.

## *Chester Historical Society's Annual Holiday Door Decorating Contest*

The Society is once again sponsoring a town-wide Door Decorating Contest in December for all Chester merchants and residents. We hope to have many participants as all proceeds from the contest go directly to the Historical Society to fund many of its worthwhile programs.

The registration fee is \$15.00; forms will be available at The Mill, local merchants, and town events starting Sept. 22. Registration must be completed and received by December 8. Judging will be on December 14. You can also mail your registration to Paula Dutka at 33 Castle View Drive, Chester CT. Call 860-526-9722 or 860-526-2423 with any questions.



*"One of the beautiful doors entered in the 2011 Historical Society Door Decorating Contest"*

## *One Text Message Can Save You Money on Your Medicine*

**United Way makes it easy for everyone to get help, both online and off.**

Now, you can text the word "family" to 700700 to save up to 75% on the cost of your prescription medicine and get a free FamilyWize Prescription Discount Card sent to your cell phone by text. Then simply show the text to your pharmacist and they will automatically apply the FamilyWize discount to the cost of your medicine. And you can help everyone you know by forwarding on the information.

By using FamilyWize, consumers can get medication prices close to those offered to large insurance companies and employers. Anyone can use the card, regardless of age, income, or employment level. While those who do not have health insurance will receive the biggest discount, others can also benefit. The FamilyWize card does not reduce the cost of medications for which you have a copay, but it may reduce the cost of medications not covered by your insurance.

There are still more than 80 million people in the United States, in every community, large and small, that have no health insurance or need help to buy prescription medicine not covered by their health plan. "Technology makes it possible for us to help a lot more people, much more quickly," said Dan Barnes, Chief Executive and Co-Chair of FamilyWize. "It's really incredible how cell phones, the Internet, Facebook and Twitter can make getting help so much easier and faster."

You can also get a free FamilyWize card with a click of a mouse at [www.middlesexunitedway.org/familywize](http://www.middlesexunitedway.org/familywize) or the new FamilyWize facebook page at [www.facebook.com/familywize](http://www.facebook.com/familywize).

Middlesex United Way and FamilyWize have already saved people living and working in Middlesex County more than \$200,000 since 2009 on the cost of their medicine. You can help spread the word by informing your family, friends, neighbors, and co-workers about this important and completely free assistance that can help struggling families meet the costs of living.

### **ABOUT MIDDLESEX UNITED WAY**

Middlesex United Way is advancing the common good by creating opportunities for a better life for all. Our focus is on education, income, health and housing – the building blocks for a good quality of life. United Way recruits people and organizations that bring the passion, expertise, and resources needed to get things done. You are invited to be part of the change by giving, advocating and volunteering. That's what it means to Live United.

Middlesex United Way is a locally-based organization serving the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland, and Westbrook.

### **ABOUT THE FAMILYWIZE COMMUNITY PARTNERSHIP**

The FamilyWize Community Service Partnership was established in the fall of 2005 to help people get the medicine they need.. Today, more than 1,000 participating United Ways and America's Promise Alliance Partners in all 50 states coordinate the local distribution of the free FamilyWize prescription drug discount cards which lower the cost of medicine by up to 75% and make it more affordable.. By April 2012, the free FamilyWize cards have helped more than 4 million people save over \$345 million. For more information, visit [www.FamilyWize.org](http://www.FamilyWize.org).

## **Harvest Dinner**

Tickets for the 2nd Annual Chester Land Trust Harvest Dinner, October 6th, are on sale now at the Sunday Market under the porch at 44 Main Street from 9 am to 1 pm. Look for the banner! Tickets are limited so purchase now. E-mail [probinson02@snet.net](mailto:probinson02@snet.net), visit our website at [www.chesterlandtrust.org](http://www.chesterlandtrust.org) or call (860) 526-2775.

## Local M.D. Named Full-Time Hospice Medical Director

When people think of hospice care, they often focus on death and dying. But according to Middlesex Hospital's new, full-time Hospice Medical Director (and Haddam resident) Bill Zeidler, M.D., the essence of hospice care isn't about dying.

"One of the big misconceptions out there is that a lot of people think that hospice is just about dying. It's truly not. It's truly about trying to live to the best of one's ability until the moment you die," said Dr. Zeidler.

And Dr. Zeidler should know. He has been certified in the specialty of hospice and palliative care since 1997. He is also a founding member of the American Academy of Hospice and Palliative Care Physicians.

Modern-day hospice care in the United States only started back in the mid- to late-1970s, explains Dr. Zeidler. He adds, "It's seen amazing growth since then. This means that a lot of people are coming to understand the worth of hospice and palliative care."

A recent *Wall Street Journal* article stated that, according to the National Hospice and Palliative Care Organization, an estimated 1.58 million patients received hospice care from more than 5,000 programs nationwide in 2010, more than double the number of patients served a decade earlier. More than 40 percent of all deaths in the United States that year were under the care of hospice, which provides medical care, pain management and emotional and spiritual support to patients with terminal illnesses.

The Middlesex Hospice and Palliative Care program began as an inpatient unit at the Hospital back in the mid-1980s. At that time, Dr. Zeidler became its first, part-time medical director. The original, six-bed inpatient unit has now expanded to a 12-bed hospice and palliative care unit and the program also provides hospice care in the home setting throughout Middlesex County and beyond.

Dr. Zeidler has a long history with Middlesex Hospital. He became a Family Practice Resident in 1975. In 1978, upon graduating from the program, he set up a private family



medicine practice in Higganum. In 1997, he became a member of the Middlesex Hospital Primary Care network with offices on Saybrook Road in Middletown. Dr. Zeidler left his primary care practice this year to become the Hospital's first, full-time Hospice Medical Director. As such, Dr. Zeidler will be caring for virtually all the Hospice patients on the inpatient unit, and some in the home and in area nursing homes as well.

But, according to Dr. Zeidler, "My function is part of a large, interdisciplinary care team that includes inpatient and homecare nurses, social workers, physical therapists and occupational therapists. We use the expertise of pharmacists, who are well trained in pain medications.

We have wonderful volunteers who serve a whole host of functions, from playing music on the unit to creating legacy stories about patients' lives for their families to cherish. There are clergy members who are also a key part of what we do; along with the many home health aides and patient care technicians who are also part of the caregiver team."

Dr. Zeidler admits that managing a patient's pain is an important aspect of hospice care. But he adds that the ultimate goal is to control the pain, while still keeping the patient as alert and oriented. This not only benefits the patient, but the family as well.

"When we get the patient's pain under control, the patient often relaxes, which means the family can relax as well," Dr. Zeidler added.

Dr. Zeidler is looking forward to his new, expanded role in the Hospice and Palliative Care program, and for good reason.

"It's a wonderful program and it is truly amazing how much patients and families benefit from it. The message is that we're just trying to make things a little bit better for patients, and significantly better for the family. And the more support you give the patient, family and other loved ones, the better everyone does. Often, we are actually able to bring some joy into their lives during a very difficult situation."

## Seniors – Are Your Food Bills Too High?

The Supplemental Nutritional Assistance Program (SNAP) formerly "Food Stamps" rules have changed. Many more people qualify. Low income people with savings or retirement accounts now qualify.

### As of October 1 2011...

- You can have monthly income up to \$1,680 per month for one person, \$2,268 for two people
- There is no asset limit for elderly households. This means it doesn't matter how much your property and bank accounts are worth.

SNAP benefits can be up to \$200 monthly for one person, \$367 for two people. The amount depends on income and expenses. SNAP benefits are paid on a card that you can use at the grocery store just like a credit or debit card. You do not have to repay this benefit. No lien will be placed on your house.

Apply at Chester Human Services (526-0013 X213) or at the Department of Social Services (DSS) in Middletown, CT (704-3100).

## *Laurel Hill Cemetery Walk*

It's a hidden gem! Laurel Hill Cemetery overlooks the Pattaconk Brook and is a beautiful resting place for many of Chester's past generations, yet many residents have never ventured in.

Do you know when the cemetery was started and how? Do you know who is there and their importance to Chester's history?

Chester Historian Rob Miceli and Chester native Cheri Ferrari Habersang, both of whom are longtime members of the Chester Historical Society Board of Trustees, will lead a walk through Laurel Hill Cemetery on Saturday, Oct. 27 (raindate Sunday, Oct. 28) at 2 p.m. They will talk about the history of the cemetery, and how and when it got started. They plan to discuss different stones and what the symbols mean on many of them.

There is no admission for this family event, which does involve a short walk with inclines to reach the top of the cemetery.

To participate in the cemetery walk, just meet Rob and Cheri at the cemetery entrance on Main Street (opposite the Chester Gallery). Festive refreshments and treats will be served.



*Rob Miceli and Cheri Ferrari Habersang will lead a walk through Chester's historical Laurel Hill Cemetery. (Skip Hubbard photo)*

## *Special Events Planned by Merchants of Chester*

On Friday, Oct. 26, the Chester Merchants will celebrate Halloween with the annual Costumed Parade and Festival in the center of town from 5 to 8 p.m. The stores, galleries and restaurants will be open with special events during the evening, and everyone is invited to join in the Halloween parade in the center of town.

On Friday, Dec. 7, the Holiday Night Festival, co-sponsored by the Town of Chester, Chester Rotary Club and the Merchants of Chester, will begin in the town center with the annual tree-lighting and carol sing-along at 6 p.m. Most shops,

restaurants and galleries will be open for the evening from 5 to 8 p.m.

Details are still being finalized on both events. Watch the Merchants of Chester website, [www.visitchesterct.com](http://www.visitchesterct.com), for updates. The website is being redesigned this fall by Steven Shaw ([whoistheoldguy.com](http://whoistheoldguy.com)), working with Jan and Peter Good (Cummings & Good graphic design).

If you want to be on the merchants email list, write to [chestermerchants@gmail.com](mailto:chestermerchants@gmail.com). The merchants meet monthly, on the first Wednesday morning of each month, and all are welcome.

## *Help Yourself, Help Your Neighbor*

During these days it's easy to forget about the long cold days of winter with high heating bills and cold, drafty rooms. It doesn't have to be that way. ACT NOW and sign up for a Home Energy Solutions (HES) assessment. You can't go wrong. HES assessments are currently being offered at only \$75, about 1/10th the actual cost. There is little doubt that you will be warmer and will recoup those 75 dollars in energy savings in one season, and after that, the savings just go on and on...

Those who have had an HES assessment are immensely pleased. The technicians not only detect where you are wasting energy, but best of all, they fix them on the spot. They detect air leaks using a fan temporarily installed at one of the outside doors, then caulk and install weather stripping where needed. They provide up to 25 compact fluorescent bulbs and install them where you want; they give you new low-flow faucet aerators, and a low-flow shower-head. They may insulate

hot water pipes, and may wrap your hot water heater with an extra blanket of insulation. You'll get rebate certificates in case you want to buy more efficient appliances and you may qualify for attic insulation rebates as well. What a bargain!! And if you are in a low-income bracket, there is no charge at all for this service, and you may even qualify to receive a new high-efficiency refrigerator.

As an added incentive for Chester residents, the Chester Energy Task Force has arranged with contractors to contribute the entire \$75 HES co-pay to the Chester Emergency Fuel Fund for the first 100 residents who sign up for the service this fall. Help yourself, help your neighbor.

To arrange the audit, please call 1-888-811-3748.

ACT NOW - the bargain price may not last. (Note: At this time HES audits are highly subsidized by Connecticut's electric and gas utilities through the public benefits charge on utility bills.)

# Calendar of Events

Reminder: Dates and times of events and meetings may change. Please be sure to check the town hall bulletin board or website [www.chesterct.org](http://www.chesterct.org) before attending.

<b>October 1</b>	Inland Wetlands Commission	Meeting House	7:00 pm
<b>October 2</b>	Board of Selectmen	Town Hall	7:00 pm
	Harbor Management	Town Hall	7:30 pm
<b>October 3</b>	Conservation Commission	Town Hall	7:30 pm
<b>October 4</b>	Planning and Zoning	Meeting House	7:30 pm
<b>October 8</b>	Town Offices Closed		
<b>October 9</b>	Chester Land Trust	Town Hall	7:00 pm
<b>October 15</b>	Zoning Board of Appeals	Meeting House	7:30 pm
	Energy Task Force	Town Hall	9:00 am
	Economic Development	Town Hall	7:15 pm
	Library Board of Directors	Chester Library	7:30 pm
<b>October 16</b>	Board of Selectmen	Town Hall	7:00 pm
<b>October 17</b>	Water Pollution Control Authority	Town Hall	7:00 pm
	Board of Fire Commissioners	Hose Company	7:30 pm
<b>October 18</b>	Board of Finance	Town Hall	7:30 pm
<b>October 23</b>	Main Street Project Committee	Town Hall	7:00 pm
<b>October 30</b>	Parks and Recreation Commission	Town Hall	7:15 pm
<b>November 1</b>	Planning and Zoning	Meeting House	7:30 pm
<b>November 5</b>	Inland Wetlands Commission	Meeting House	7:00 pm
<b>November 6</b>	Election Day – Second Floor Town Offices Closed to the Public		
<b>November 7</b>	Conservation Commission	Town Hall	7:30 pm
<b>November 12</b>	Town Offices Closed		
<b>November 13</b>	Board of Selectmen	Town Hall	7:00 pm
	Harbor Management	Town Hall	7:30 pm
	Chester Land Trust	Town Hall	7:00 pm
<b>November 15</b>	Board of Finance	Town Hall	7:30 pm
<b>November 19</b>	Energy Task Force E-Team	Town Hall	9:00 am
	Economic Development	Town Hall	7:15 pm
	Zoning Board of Appeals	Meeting House	7:30 pm
	Retirement Committee	Town Hall	7:30 pm
	Library Board of Directors	Chester Library	7:30 pm
<b>November 20</b>	Board of Selectmen	Town Hall	7:00 pm
<b>November 21</b>	Water Pollution Control Authority	Town Hall	7:00 pm
<b>November 22, 23</b>	Town Hall Offices Closed		
<b>November 27</b>	Main Street Project Committee	Town Hall	7:30 pm
<b>November 28</b>	Board of Fire Commissioners	Hose Company	7:30 pm
<b>December 3</b>	Inland Wetlands Commission	Meeting House	7:00 pm
<b>December 4</b>	Board of Selectmen	Town Hall	7:00 pm
	Harbor Management	Town Hall	7:30 pm
<b>December 5</b>	Conservation Commission	Town Hall	7:30 pm
<b>December 6</b>	Planning and Zoning	Meeting House	7:30 pm
<b>December 10</b>	Energy Task Force E-Team	Town Hall	9:00 am
	Economic Development	Town Hall	7:15 pm
<b>December 17</b>	Zoning Board of Appeals	Meeting House	7:30 pm
	Library Board of Directors	Chester Library	7:30 pm
<b>December 18</b>	Board of Selectmen	Town Hall	7:00 pm
	Main Street Project Committee	Town Hall	7:00 pm
<b>December 19</b>	Water Pollution Control Authority	Town Hall	7:00 pm
	Board of Fire Commissioners	Hose Company	7:30 pm
<b>December 20</b>	Board of Finance	Town Hall	7:30 pm
<b>December 24, 25</b>	Town Offices Closed		
<b>December 31, January 1</b>	Town Offices Closed		



## Absentee Ballots for November Election

Absentee ballots become available on Friday, October 5th from the Town Clerk. If you are going to be out of town, have a physical disability or an illness, you may request an absentee ballot for the Presidential Election on November 6th.

## Food Pantry Needs



As we head into the colder months of the year, the Food Pantry will be in need of canned goods, non-perishable food items, easy to prepare food items, cereal, and toiletry supplies such as soap, laundry detergent, shampoo and diapers. At the present time there is an overabundance of canned beans and canned tomatoes.

Please consider helping our Chester neighbors in need. Items may be dropped off at the collection box in the Town Hall or by calling the Social Services office at 860-526-0013 extension 213.

If your organization has an interest in sponsoring a food drive – a cereal drive for example or making food baskets for the Holidays – please consult with Rosie Binger at the Social Services office to make coordination easier.

Two of our residents – known as “The Pantry Girls” – have volunteered to organize the Food Pantry items by checking expiration dates and keeping Rosie and donating organizations advised of much-needed items. They are looking for recipes for easy, simple, nutritious meals using canned beans (pinto, garbanzo, kidney and green) and canned tomatoes.

Thank you to all who have donated in the past – it is most appreciated.



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## United Church Pot Roast Supper

On Saturday, October 13th, the United Church of Chester will once again host its popular POT ROAST SUPPER. The menu will include tender, flavorful pot roast, real mashed potatoes and gravy, glazed carrots, tangy coleslaw, rolls, beverage and a special dessert. There will be two seatings, one at 5:00 pm and the second at 6:30. Tickets cost \$14 for adults, \$3.50 for children, (little ones under five are free) and may be purchased in the church office. Reservations are a must as space is limited, so get your tickets early!

This year the BAKE SALE AND RUMMAGE SALE will be held on Saturday, October 27th, from 9:00 am until 1:00 pm. There are always mouth-watering goodies at the Bake Sale and bargains galore in the rummage department. For anyone wishing to donate to the Rummage Sale, items may be dropped off Monday, Tuesday, Wednesday or Thursday of that week, but WILL NOT be allowed on Friday the 26th. We do not accept any furniture, computers, large appliances or exercise equipment.

The United Church of Chester's CHRISTMAS FAIR is going to be held on Saturday, December 1st from 9:00 am until 3:00 pm. Pick up some delicious holiday foods: breads, jellies, cookies, fudge, muffins, etc. – take a stroll through "Grandma's Attic," or just enjoy shopping for hand-crafted items, decorations, toys, knitted goods or Christmas greens and so much more – either for yourself, or to give as gifts to those special people on your list. While you're shopping you can also enjoy coffee and a hearty lunch of soup and sandwiches all homemade by the outstanding cooks of the UCC Women's League. (Lunch will only be served between 11 and 1:00 pm.)

On December 17th at 7:00 pm, the United Church of Chester will hold a BLUE CHRISTMAS SERVICE, for remembering those we have loved and lost.

The CHRISTMAS EVE FAMILY SERVICE with children's choirs, music and candlelight will be held at 5:00 on December 24th.

The TRADITIONAL SERVICE of lessons and carols, closing with candlelight and moving outside to sing "Silent Night" to ring in Christmas Day, will begin at 11:00 that evening.



*The United Church of Chester will once again host its popular Pot Roast Supper on Saturday, October 13. There will be seatings at 5:00 and 6:30 p.m.*



*The Christmas Fair at The United Church of Chester will be held on Saturday, December 1st from 9:00 a.m. to 3:00 p.m.*

## Connecticut Cookie Platoon

**Mission:** Our mission is to get America baking homemade cookies once a month for our troops, veterans, or recovering soldiers.

**Next Platoon Event: November 17.** Our shipment/packing party will be at the Whelen Engineering, located at 51 Winthrop Road in Chester. Cookies may be dropped off beginning at 9:00 a.m. We'll start packing at 9:30 am. Finished cookies must be 2 inches in diameter. They must be homemade, not store-bought. Please put your cookies in large Ziplok Bags before giving them to us for shipping. You can stay at the site for our packing party. We'd love to meet you, and we'll be happy to have your help. If you can't get to the packing site, we can pick up your cookies. Please call Debbie Schaefer at 860-526-2789 to make arrangements.

If you'd like to make a monetary contribution, please make your check out to The Connecticut Cookie Platoon, and send it to P.O. Box 635, Chester, CT, 06412-0635. If your family or your company would like to sponsor a soldier by defraying the cost of one our shipments, please contact us at [info@cookieplatoon.com](mailto:info@cookieplatoon.com). We encourage our sponsors to send notes, photos, or gifts in their soldiers' cookie packages.

## Are Your Antiques Real Treasures?

Find out on Nov. 10th. Do you ever watch "Antiques Roadshow" and wish some expert would announce that "treasure" you inherited from your great-uncle is a rare, valuable piece of history? How would you respond? Sell it and take a trip around the world?

Oh, we can dream...In fact, we know someone (now in hiding) who watched "Antiques Roadshow" appraise an antique for thousands of dollars and realized she'd packed a similar item in her box to take to Goodwill. (Yes, her appraiser at last fall's Chester Historical Society Antiques Appraisal said hers was valuable too.)

So dig out your treasures and take them on Saturday, Nov. 10, to the Chester Historical Society Antiques and Jewelry Appraisal. It'll be at St. Joseph's Parish Center, starting at 9:00 a.m. The appraisers will appraise everything from jewelry, paintings, books, and tools to quilts and textiles and furniture from every century.

Four of the appraisers are generalists, meaning they deal with the full range of antiques.



*Tom Perry, owner of One of a Kind Antiques, will be one of the appraisers at the Chester Historical Society's Antiques Appraisal. A member of the National Association of Professional Appraisers, Tom has over 36 years of full-time experience, buying and selling antiques, art, and vintage objects.*

They are: Norman and Linda Legassie of Stepping Stones Antiques and Collectibles; Peggy Maraschiello of River Wind Antiques and Appraisals; and Tom Perry of One of a Kind Antiques.

Appraising jewelry will be Paul Indorf of Connecticut Jewelry Appraisers (fine jewelry, gemstones, watches) and Gay Sherman Weintz (fine costume jewelry), both of whom are Chester residents.

The number of appraisers is still growing. Details on all appraisers will be available at [www.ChesterHistoricalSociety.org](http://www.ChesterHistoricalSociety.org).

Each attendee may bring up to three separate items to be appraised. If the item is too large to carry, bring photographs (if it's a table or dresser, bring in a drawer too). Appraisals will cost approximately \$25 for 3 items (individual fees are still being finalized). All proceeds will benefit the Chester Historical Society and its work on the Chester Museum at The Mill.

## Roses for Autism

Roses for Autism is the first business endeavor for Growing Possibilities - a nonprofit social enterprise founded by Ability Beyond Disability that is dedicated to growing independence in the business world for individuals with autism and other disabilities.

**Our Roots:** Jim Lyman's dream was to improve the quality of life for his son Eli, through meaningful work and continued opportunities to grow as an individual. Jim's search brought him together with Pinchbeck's Rose Farm, Connecticut Autism Spectrum Resource Center, and then to Ability Beyond Disability. Collectively, they planted the seed that would bloom into Growing Possibilities.

**Did you know?** Adults on the Autism Spectrum hold many talents...yet today only 12% of adults with ASD are employed.

**Our Mission:** To grow independence in the business world.

**How We Grow:** In 50,000 square feet of heated glass greenhouse, our premium roses and lilies are cut and packaged daily. Working with young adults on the autism spectrum we strive to: build transferable job skills, build social independence, build generalization of learning.

Call us today to plan for your next recognition event. We will customize...so call us with whatever you can dream up!

We personally deliver to CT, NY, NJ, MA and we ship ANYWHERE in the United States! Let us help you recognize your staff! Flowers for every occasion: *anniversaries, birthdays, special accomplishments, employee recognition events.*

Fragrant roses are available in 16 varieties! We offer 3 varieties of lilies too! Say "thank you" or "great job" with:

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- Host a corporate rose sale for your employees and help employ people with autism.

We grow amazing fragrant roses with amazing people! Order online at: [www.rosesforautism.com](http://www.rosesforautism.com) or [www.rosesforautism.com](http://www.rosesforautism.com). (203) 453-2186. We are a local farm planting the seeds of possibilities for the autism community. Your rose purchase supports the development of inclusive work place opportunities for adults on the autism spectrum.

Pinchbeck's Rose Farm  
929 Boston Post Road  
Guilford, CT  
(203) 453-2186



## Benefits of Massage Therapy

*“The most competent clinical therapist is the one who marries the science of knowledge with the art of hands-on skills.”*  
— Joseph E. Muscolino

The profession of massage therapy has grown tremendously in recent years as the value of therapeutic touch has become increasingly recognized. Therapeutic touch can bring general emotional, psychological and physical relaxation to clients, as well as improve local fluid circulation. In this regard, massage is always clinical in nature. However, the term “clinical massage” is often applied only when massage is done with intent toward healing a specific condition. Clinical massage can generally be divided into medical massage—primarily geared toward treating visceral/metabolic problems in hospital settings—and orthopedic massage, primarily oriented toward the treatment of musculoskeletal condition.

When working clinically, the massage therapist requires a greater “set of tools” than when working with the general application of touch. Certainly, knowledge of anatomy, physiology,

kinesiology and pathology is always appropriate and helpful for all massage therapy. However, with clinical orthopedic massage, it’s essential to accurately assess and treat a client who presents with a specific musculoskeletal condition. Of all assessment tools available to the massage therapist, palpation of the musculature is the most important. Muscle palpation is so integral to the field of massage therapy that it’s likely that the massage therapy profession leads all other health fields in muscle palpation skills. Muscular palpation has two major objectives. The first is to locate the target muscle that is being palpated. The second objective is to assess its health by feeling for its tone and texture: trigger points, inflammation, fascial adhesion.

Assessing the health of the muscle is the most important aspect of palpation because the integrity of the tissues is what informs our decisions regarding treatment.

— Maryla LMT, CPT, Proactive Health Care

## Connecticut Children’s Theatre

Connecticut Children’s Theatre is proud to present *The Snow Angel* – at the Chester Meeting House December 21, 22 and 23.

*Up in the sky there are millions of stars  
And planets like Jupiter Saturn and Mars,  
But sprinkled among all the stars that shine bright,  
Snow Angels sparkle silver and white!*

*The Snow Angel* is a brand new holiday musical about friendship, dreams and wishes! Every year a Snow Angel is chosen to go to Earth, grant a wish and return to the sky. This

year, it’s Snow Angel Pearl’s turn to go! The story begins when Pearl travels to earth and mistakenly grants two wishes at once, one to Fredrick, a 12 year old astronomy genius and the other to Mr. Baddigan, a mean neighbor who abhors the holidays. The adventure unfolds as Gloria Glimmer and chorus of Snow Angels try to get Pearl home to the sky while Fredrick and his new friend, Lizzie do what they can to right mean Mr. Baddigan’s wrong wish!

Cast with some of the best middle grade - high school actors/singers in this area of Connecticut, *The Snow Angel* is sure to delight audiences of all ages. Filled with music, audience participation and fun, *The Snow Angel* sends a simple holiday message...Shine!

The Connecticut Children’s Theatre is a non-profit organization that exists to create theatre experiences that inform, challenge and inspire the children and families of Connecticut and beyond. Their vision: Connecticut Children’s Theatre strives to lead in the creation of new work for young people and families; leading the way with theatre training for children and producing initiatives that use theatre as a foundation in education and community development. Connecticut Children’s Theatre seeks to create a community presence where theatre is the focal point, out of which emerge programs that celebrate diverse cultures, art forms and ideas. CCT uses the power of theatre to question accepted notions, touch hearts and open discussions.



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## Septic Tank Pump Out

Property owners are reminded to have their septic tanks pumped out and inspected a maximum of every 5 years and sooner if there is heavy usage.

The Town of Chester has an ordinance that requires all septic tanks to be pumped out every 5 years as a safeguard for the entire septic system and to also benefit the property owner from potential costs with repairing a replacing the septic system. It is much more economical to pay a small expense for preventative maintenance than to have to pay substantial costs for a repair!

Please contact Lee Vito, Sanitarian, at 860-526-0013 extension 206 if you have any septic system questions or concerns.

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The Shoreline Soup Kitchens & Pantries provides food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:

**[www.shorelinesoupkitchens.org](http://www.shorelinesoupkitchens.org)**

## *The Joys and Benefits of Staying Active in Your Senior Years*

We humans are social creatures, with a natural desire to interact and be with other people. Some senior citizens, however, find themselves living alone with limited interaction or engagement with friends or family.

This is unfortunate since social involvement is a major component of the overall well-being and good health of any senior. Research by the Harvard School of Public Health and others illustrates that an active social life helps seniors enjoy a higher quality of life during their retirement years. Social activity also greatly reduces or even eliminates loneliness or depression, which often affect secluded people.

Everyone can create "social opportunities" by:

- Getting involved in activities at local senior centers, church groups or other organizations
- Signing up for art, music, or fitness classes
- Volunteering or mentoring at a local school, library, or museum
- Joining a local club (such as gardening, writing, reading, or chess)
- Taking part in "senior" travel programs
- Attending lectures and cultural events

Senior citizens also are encouraged to attend community meals, or invite friends and family to dinner. Additionally, seniors should try to accept invitations to join others at mealtime as often as possible.

Some seniors may consider moving into a retirement community, assisted living residence or a continuous care retirement community (CCRC), all of which typically have suitable social and cultural programs available daily, under one roof. These communities often include transportation services – which helps those who no longer drive maintain a level of independence. These communities also have scheduled mealtimes, so gathering with friends and family for lunch or dinner is easy.

If there is a senior in your life – or if you are planning for your own retirement – be sure to include as much social, physical and cultural activity as you can manage. You will be impressed by the benefits, and will enjoy a higher quality of senior living!

— *Kathy Ryan, Executive Director,  
The Saybrook at Haddam*

*Kathy Ryan is executive director of The Saybrook at Haddam ([www.thesaybrookathaddam.com](http://www.thesaybrookathaddam.com)), a 74-apartment assisted living retirement community located at 1556 Saybrook Road in Haddam (860-345-3779). The community provides independent retirement living services as well as assisted living services provided by its state-licensed Agency, and a special memory care unit.*

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## Literacy Volunteers 2nd Annual Wine & Brew Tasting and Silent Auction

The Literacy Volunteers, Valley Shore CT, Inc. will be holding the 2nd Annual Wine & Brew Tasting & Silent Auction, taking place at Essex Meadows, 30 Bokum Road, Essex on November 8 from 5:00 pm to 7:30 pm. The event is sponsored by Essex Meadows and Centerbrook Package Store, Centerbrook. Tickets are \$25 and are available at the Literacy Volunteers office at the Westbrook Library, 61 Goodspeed Drive or by calling (860) 399-0280. Proceeds will benefit Literacy Volunteers.

“Last year’s event was an outstanding success,” said John Ferrara, Executive Director of Literacy Volunteers Valley Shore CT, Inc. “It not only allow us to raise funds to continue our mission, but gives the communities we serve an opportunity to learn more about our organization while sampling some extraordinary beers, wine and food.”

**About LVVS:**

Literacy Volunteers Valley Shore is a 501(c)3 non-profit agency affiliated with ProLiteracy, a national organization that accredits and sets standards for teaching literacy to adults. Since 1979, we have served the towns of Chester, Clinton, Deep River, Essex, Guilford, Killingworth, Lyme, Madison, Old Lyme, Old Saybrook, and Westbrook. Each year we provide small group and one-on-one literacy tutoring to over 150 adults completely without charge and in an atmosphere of confidentiality respecting each student’s privacy.

### The Providing Month

Give me October for the best moons of the year.  
Its days bring all-at-onceness to autumn.

Giddy wild geese arrow south  
in a snap of frigid air and cerulean sky.

October enrobes maples  
in cerise and crimson  
sumacs in early scarlet.  
Oaks go to antique gold, rich tans,  
dogwoods to ruby-like berries

October is wood smoke, the tang of cider  
and purple stain of wild grapes.  
(The garden’s in root cellar and pantry.)

At leaf-fall the world  
becomes wider than field, higher than silo.  
We think broad horizons, remote stars,  
see things without strain.

The leaves will sodden with rain,  
settle, protecting nuts and seeds,  
become the humus for growth.

October is autumn in its beauty,  
serene in the circle of time,  
constant in change,  
ripe and generous.

– Gerard Feeney



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